



# TodayCare Times

August, 2022

A Newsletter for St. Joseph's Child Care Center

## Parent Tips — A New School Year

### Dates to Remember:

- **August 7th** - Friendship Day
- **August 10** - **VPK** starts
- **August 10** - World Lion Day
- **August 12** - World Elephant Day
- **August 26** - National Dog Day
- National Back to School Month

- Visit your child's school.
- Meet your child's teachers.
- Have a designated reading area in the home.
- Read to and with your child for 30 minutes every day.
- Label all of your child's belongings with his/her name.
- Preschoolers should get 8 hours or more of sleep every night.
- Talk with your child about sharing, expressing feelings, treating others with respect and using PLEASE and THANK YOU words.
- And always reassure your child at drop in, making sure to tell him/her that you love him/her and will be back to get him/her.



**READ WITH YOUR  
CHILD EVERY DAY.**

### **World Indigenous People - August 9th**



\*Don't forget to keep two full changes of clothes in your child's cubby for those little emergencies. And please remember to include socks and extra underwear (for children who wear them), and to label all of the items. It's also a good idea to check often to make sure the extra clothes are weather appropriate, and that they still fit your child. \*

~This tip provided  
by your Parent  
Advisory Board

**Parent Advisory  
Board meets on the  
3rd Tuesday of the  
month in the  
child care center.  
We invite all the  
parents to partici-  
pate. It is really  
important to us.**

**2022**

#### **Meeting Dates:**

**August 19**  
**September 16**  
**October 21**  
**November 18**  
**December 16**

There are over 476 million indigenous peoples living in 90 countries across the world. They are the holders of a vast diversity of unique cultures, traditions, languages and knowledge systems. They have a special relationship with their lands and hold diverse concepts of development based on their own worldviews and priorities.

Teaching our children about past—and present—injustices suffered by Native people is foundational in developing empathy, perspective, and an anti-racist worldview, and helps ensure that they're not repeated in the future.

We owe it to Indigenous people—and ourselves—to learn about Indigenous people, from Indigenous people, whenever possible. For your youngest ones, look for books, music and media about Indigenous people, by indigenous people. With your kindergartener, learn about the Natives in your area who originally inhabited the very land you live on. As your children get older, you can begin sharing the more complex truths of our country's past. They'll process what you tell them and come back over time with questions as they arise. Conversations won't be easy, but they will be powerful.


This is how your child will learn to see our human connections and appreciate that which makes us unique. By talking and learning about our different cultures, religions, abilities, and family structures in our daily lives we provide our children with an inclusive world view that extends beyond their own lived experiences. Celebrating Indigenous Peoples' Day is one small step in creating a society that recognizes, values, and celebrates us all.



## BOOK SELECTIONS:



**Activity:**

1. Glue a small photo in the center of the child's paper plate "flower".
  2. Draw petals or cut out of color paper.
  3. Write a name of the child's friends on each petal of the flower.
  4. Glue them onto the flower plate.
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- *Lola Goes to School* by Anna McQuinn
- *I'm Going to Preschool* by Big Steps
- *Clifford's First Day of School* by Norman Rockwell
- *The Tiny Seed* by Eric Carle
- *Chrysanthemum* by Kevin Henkes
- *David Goes To School* by David Shannon
- *My First Day of School* by PK Hallinan
- *The Kissing Hand* by Audrey Penn
- *My Friends* by Nancy Tafuri

## Golf Ball Painting

1. Choose songs that are short, easy to sing, have a steady beat and have lots of repetition.
2. When introducing a new song or poem, sing or say the whole thing first.
3. Adding movement and their own words helps children remember the words better.
4. Songs, finger-plays, chants & rhymes help build vocabulary and explore the sounds of language.

Using a golf ball, paint, paper and a box your child will be able to make a beautiful painting! Put the paper and golf ball inside of the box and add the paint colors that your child wants. Now allow your child to hold the box and tilt it so that the ball rolls to paint the paper.



## Will You be a Friend of Mine?

(tune: *London Bridge*)

Will you be a friend of mine? Friend of mine? Friend of mine? Will you be a friend of mine And come along with me.

Yes I'll be a friend of yours, Friend of  
yours, friend of yours, Yes I'll be a friend  
of yours

### Ready for School (Perform the actions that the words suggest.)

When I get ready to come to school, I **jump** right out of bed, I **wash** my face, **brush** my teeth,

**Pull** my clothes **over** my head, I **run** down stairs, **drink** my milk, And **eat** my breakfast so **slow**,

Then I **wave** good-bye as I **walk** down the street. I'm so happy (**smile**) that I can go to school.

## Watermelon Seed Counting

This activity is fun and easy to do at home! Simply buy a watermelon and slice it together. Have your child count the seeds in their slice. Talk about what you think the seeds could be used for (growing watermelons). Talk about all you may need to grow your own watermelon!

**HAPPY BIRTHDAY TO YOU...!**

- Aaron Pham - August 2
- Colton Kessel - August 4
- Harper Lopez - August 5
- Amari Nguyen - August 5
- Camila Nelms - August 10
- Kathaleah Ramos - August 17
- Clark Williams - August 21
- Luke Peters - August 22
- Ethan Mangroo - August 30
- Ms. Keysha Collins - August 2
- Ms. Dora Gonzalez - August 5
- Ms. Marisol Sousa - August 6

