



TodayCare Times

August, 2025

A Newsletter for St. Joseph's Child Care Center

Parent Tips — A New School Year

Dates to Remember:

- **August 9** - Int'l Day for the World's Indigenous People
- **August 11** - **VPK** starts
- **August 12** - World Elephant Day
- **August 14** - World Lizard Day
- **August 26** - National Dog Day

READ WITH YOUR
CHILD EVERY DAY.

- Visit your child's school.
- Meet your child's teachers.
- Have a designated reading area in the home.
- Read to and with your child for 30 minutes every day.
- Label all of your child's belongings with his/her name.
- Preschoolers should get 8 hours or more of sleep every night.
- Talk with your child about sharing, expressing feelings, treating others with respect and using PLEASE and THANK YOU words.
- And always reassure your child at drop in, making sure to tell him/her that you love him/her and will be back to get him/her.



World Indigenous People - August 9th



*Don't forget to keep two full changes of clothes in your child's cubby for those little emergencies. And please remember to include socks and extra underwear (for children who wear them), and to label all of the items. It's also a good idea to check often to make sure the extra clothes are weather appropriate, and that they still fit your child. *

~This tip provided
by your Parent
Advisory Board

Parent Advisory Board meets on the 3rd Tuesday of the month in the child care center. We invite all the parents to participate. It is really important to us.

Remaining

2025

Meeting Dates:

August 15

September 19

October 17

November 21

December 19

Please join us.

There are over 476 million indigenous peoples living in 90 countries across the world. They are the holders of a vast diversity of unique cultures, traditions, languages and knowledge systems. They have a special relationship with their lands and hold diverse concepts of development based on their own worldviews and priorities.

Teaching our children about past—and present—injustices suffered by Native people is foundational in developing empathy, perspective, and an anti-racist worldview, and helps ensure that they're not repeated in the future.

We owe it to Indigenous people—and ourselves—to learn about Indigenous people, from Indigenous people, whenever possible. For your youngest ones, look for books, music and media about Indigenous people, by indigenous people. With your kindergartener, learn about the Natives in your area who originally inhabited the very land you live on. As your children get older, you can begin sharing the more complex truths of our country's past. They'll process what you tell them and come back over time with questions as they arise. Conversations won't be easy, but they will be powerful.

This is how your child will learn to see our human connections and appreciate that which makes us unique. By talking and learning about our different cultures, religions, abilities, and family structures in our daily lives we provide our children with an inclusive world view that extends beyond their own lived experiences. Celebrating Indigenous Peoples' Day is one small step in creating a society that recognizes, values, and celebrates us all.

BOOK SELECTIONS:



- *Lola Goes to School* by Anna McQuinn
- *I'm Going to Preschool* by Big Steps
- *Clifford's First Day of School* by Norman Rockwell
- *The Tiny Seed* by Eric Carle
- *Chrysanthemum* by Kevin Henkes
- *David Goes To School* by David Shannon
- *My First Day of School* by PK Hallinan
- *The Kissing Hand* by Audrey Penn
- *My Friends* by Nancy Tafuri

- Model how to make a friend. You can teach your child to say something like this: "Hi my name is _____. What is your name? Would you like to play?"
- Learning these few simple sentences will help the child learn how to make friends in any social setting.
- Take turns using toys. Be sure to show them how to ask for something and not just take it.

Golf Ball Painting

- Using a golf ball, paint, paper and a box your child will be able to make a beautiful painting! Put the paper and golf ball inside of the box and add the paint colors that your child wants. Now allow your child to hold the box and tilt it so that the ball rolls to paint the paper.



Reading with a Baby or Toddler

Read before bed, but don't wait too long!

- Choose fun, brightly colored books.
- Sing along, or have some rhyme time.
- Be expressive!
- Keep your favorites by your side.
- Help your child develop a reading habit.


HAPPY BIRTHDAY TO YOU...!

CHILDREN

- *Alexander Savinon* - August 8

TEACHERS

- *Keysha Collins* - August 2
- *Dora Gonzalez* - August 5
- *Marisol Sousa* - August 6



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★ TEACHERS

