



TodayCare Times

May, 2023

A Newsletter for St. Joseph's Child Care Center

Celebrating 5 de Mayo with Preschoolers

Up-Coming...

- **Cinco de Mayo** - May 5th
- **Muffins for Moms** - May 12th
- **Parents' Conferences**- May 18 to 22
- **VPK graduation** - May 26th

NOTE: The center **WILL BE CLOSED** on May 29th for Memorial Day.

“You have to be unique and different, and shine in your own way”
Lady Gaga

Cinco de Mayo should not be confused with Mexico's Independence Day, or Dia de los Muertos. It's the annual celebration honoring General Ignacio Zaragoza and the Mexican Army's victory over the French forces of Napoleon III at the Battle of Puebla in 1862. The battle became a symbol of Mexican resistance against foreign domination and imperialism, and its holiday is often celebrated by Americans of Mexican descent as a way of honoring their heritage.

Cuisine - No celebration would be complete without some delicious food. Take the opportunity to feast on the fabulous flavors of Mexican cuisine, like tortillas-the traditional fare like Mole and Napolitos, and get a little creative making smoothies with some authentic Mexican flavors like a mixture of lime, avocado and mango. You can even pour them into plastic margarita glasses with sprinkles for "salt" around the edge. Add that to a chips and salsa bar and some Tres Leches cake to have an instant crowd pleaser on my hands! Fun, festive and a delightful way to experience the flavors of another culture.

Music Appreciation - Listen to some traditional Mexican bands, watch YouTube videos of musicians performing in Cinco de Mayo parades and talked about the different instruments you see them playing. You can even make your own maracas out of plastic Easter eggs, spoons and brightly colored tape to replicate the brilliant colors of the holiday's festivals. Music has a way of bringing people together across all cultures and nationalities, and a beautiful way of honoring the Mexican holiday.

Teacher's Appreciation Week...

May 8 - 12, 2023

Monday - Please select an apple to write a special message to your child's teachers. The apple notes will be displayed on the staff's tree in the lobby.

Tuesday - Please bring a special breakfast treat to be placed in the kitchen for the teachers to share in the morning.

Wednesday - Please bring a flower for your child's teachers.

Thursday - Please bring a fruit or dessert to be placed in the kitchen for the teachers to share.

Friday - St. Joseph's Child Care Center will bring lunch previously selected by its teachers.



Parents,

Don't forget to keep two full changes of clothes in your child's cubby for those little emergencies. And please remember to include socks and extra underwear (for children who wear them), and to label all of the items. Also, please check often to make sure the extra clothes are weather appropriate, and that they still fit your child.

The SJCC Parent Advisory Board meets on the third Friday of the month at 11:30 a.m. in our Teacher's Lounge

Remaining 2023 Meeting Dates:
May 19
June 18
July 21
August 18
September 15
October 20
November 17
December 15

Please join us.

