



# TodayCare Times

September, 2024

A Newsletter for St. Joseph's Child Care Center

## Protect the Environment by Recycling

### Dates to Remember:

- **Sept. 2nd** - Labor Day
  - **Sept. 8** - Grandparents Day
  - **Sept. 11** - Patriot's Day
  - **Sept. 26** - Johnny Appleseed Day
  - **Sept. 27** - Native American Day
- Childhood Cancer Awareness Month

- **When shopping at the supermarket, buy products that can be recycled easily, such as glass jars and tin cans.**
- **Buy products that have been made by recycled materials.** You can tell if a product is eco-friendly by looking at the label on the packaging.
- **Use recycle bins.** Make sure you have a recycle bin at your home. Keep it in an obvious place so you don't forget to use it, and show your children which materials they can help you put in there (glass, paper, aluminum and plastic).

## READ WITH YOUR CHILD EVERY DAY.

### Native American Day - September 27



**Parent Advisory Board meets on the 3rd Tuesday of the month in the child care center. We invite all the parents to participate. It is really important to us.**

**2024**

**Meeting Dates:**

- September 20**
- October 18**
- November 15**
- December 20**

\*Don't forget to keep two full changes of clothes in your child's cubby for those little emergencies. And please remember to include socks and extra underwear (for children who wear them), and to label all of the items. It's also a good idea to check often to make sure the extra clothes are weather appropriate, and that they still fit your child. \*

*~This tip provided by your Parent Advisory Board*

**Please join us.**

Native American Day is celebrated falling on September 23 this year, as a way of honoring those who have been a part of the American tradition even before the nation of the U.S.A. came into being, hoping to change the way people view Native Americans and their culture. After centuries of persecution, not much is left of the tribes and many have integrated into modern society. Those still in touch with their roots, will remember these events and honor their ancestor's sacrifices.

#### History of Native American Day

The observance of Native American Day focuses on the history, heritage, and culture of tribes across the country. Today is all about celebrating the irreplaceable heritage, contributions, and knowledge of the Native American populations. It is also a day to remember the enduring legacy of their fortitude, energy, and strength.

#### How do you honor Native Americans?

- **Learn more about Native American tribes in your area** – Be respectful of their traditions and take the time to learn their history.
- **Visit a museum** - most museums have a rich collection of Native American artifacts, that reflect Native American arts and culture through the ages.
- **Attend or host an educational event** - Events, parades, and seminars are always a part of Native American Day celebrations. Attend an event near you to find out more about Native American life and traditions.
- **Read the work of Native American authors.**
- **Support native-owned businesses and charities.**

### 10 Sweet Ways for Kids to Celebrate Grandparents

1. **Create an "I love you because..." list** and read it aloud to Nana and Papa on the big day.
2. **Make their favorite dessert.** Help your child whip up their favorite treat, and decorate with sprinkles, raisins, or nuts for extra flourish.
3. **Have a sleepover.** Pick a day that works for the kids and their grandparents. If overnights aren't possible, have your child schedule a lunch or dinner date instead.
4. **Create a kiss flip book.** Make five or so prints of the photo. Using a red permanent marker, have your child draw one tiny heart on each photo. To bind, punch holes on one side of the photos and tie together with string or pipe cleaners.
5. **Take a walk down memory lane together.** Encourage your child to interview their grandparents about their asking questions like "What did you love to do after school when you were a kid?" "What was your favorite thing to do in the summer?" and "How did you meet each other?"
6. **Make a scrapbook.** Gather up your child's favorite photos, letters, and mementos of their time with their grandparents, and put them in a keepsake scrapbook.
7. **Learn about their hobby.** Have your child spend an afternoon with them doing some of their favorite hobbies.
8. **Customize a t-shirt.** Take the sidewalk chalk drawing your kiddo made of Nana or Papa to the next level by snapping a photo of it and emblazoning it on a t-shirt for them.
9. **Make a photo book.** Print a bunch of your favorite recent pictures, slip them into a blank album and have your child jot a note on the inside cover.
10. **Serenade them with one of their favorite songs.** Teach your child one of their go-to tunes and have them sing it to their grandparents.

### BOOK SELECTIONS:

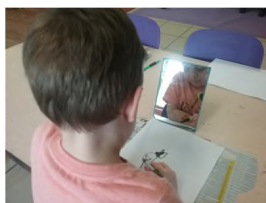


- *Johnny Appleseed* by Jodie Shepard
- *Sulwe* by Lupita Nyong'o
- *Hair Love* by Matthew Cherry
- *Lovely* by Jess Hong
- *Pinkalicious* by Victoria Kann
- *Where is Baby?* by Karen Kratz
- *Peek-a-Who* by Nina Laden



### Self-Portrait Activity


Using a mirror, paper and drawing utensils, let your children draw a picture of themselves. Talk about the parts of their face with them and what shapes we can find on our faces.



### Online Educational Resources & Apps

- **Starfall** - Literacy skills practice through gaming and other programs.
- **myON reader** - Online reading program which provides FREE access to thousands of books.
- **Endless Reader App** - Gaming app designed to help develop pre-reading skills

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HAPPY BIRTHDAY TO  
YOU...!



CHILDREN

- Niko Rodriguez - Sept. 1
- Da'jour Ruben - Sept. 3
- Riley Carter - September 10
- Savannah Harrel - September 14
- Millie Kwarcinsky - Sept. 15
- Royal Franco - September 17
- Leyla Hunt - September 29

TEACHERS

- Ms. Jameka Johnson - Sept. 10
- Ms. Mary Adams - Sept. 22
- Ms. Yemila Nemeth - Sept. 26

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